

Resveratrol

A Supplement to Support Cardiovascular Function.*

Some foods that contain resveratrol are grapes, wine, grape juice, cranberries, cranberry juice, peanuts, chocolate, but Polygonum cuspidatum is one of the richest sources of resveratrol, which is how the resveratrol in our product is sourced.

Resveratrol is a protective compound produced by grapevines and other plants, in response to environmental stresses. It is a polyphenol, which protects cells against naturally occurring substances known as free radicals.*

Resveratrol is a phytoestrogen. Phytoestrogens are naturally occurring plant-derived compounds that are structurally similar to estrogen. Plant estrogens are weaker forms of estrogen, yet are able to support the same physiological activity.*

As a phytoestrogen, it supports women's health during and after menopause.* It is believed that Resveratrol has a positive effect on bone health by supporting the bone-building process.* Therefore, Resveratrol-50 may help to balance the bone building process as women age.*

Resveratrol helps support cardiovascular health because it contains polyphenolic compounds that are known to possess antioxidant and vascular supporting properties.* In test tube and animal studies, resveratrol decreased the "stickiness" of blood platelets and helped blood vessels remain open and flexible.* It also helps to prevent unwanted oxidation of LDL cholesterol from free radical damage.*

Resveratrol offers support against oxidative stress, promotes cardiovascular health and is an excellent addition to your over-all health regiment.*

Each vegetarian capsule contains 200 mg of Resveratrol extract (Polygonum cuspidatum) and is standardized to yield 50 mg of Trans-Resveratrol, which is more than other brands on the market.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Resveratrol (<i>Polygonum cuspidatum</i>) Extract	200 mg
yielding Trans-Resveratrol	50 mg

Other ingredients: microcrystalline cellulose, vegetable cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take one capsule, once or twice daily, or as directed by your healthcare practitioner.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.