

Resveratrol

A Supplement to Support Cardiovascular Function.*

Some foods that contain resveratrol are grapes, wine, grape juice, cranberries, cranberry juice, peanuts, chocolate, but *Polygonum cuspidatum* is one of the richest sources of resveratrol, which is how the resveratrol in our product is sourced.

Resveratrol is a protective compound produced by grapevines and other plants, in response to environmental stresses. It is a polyphenol, which protects cells against naturally occurring substances known as free radicals.*

Resveratrol is a phytoestrogen. Phytoestrogens are naturally occurring plant-derived compounds that are structurally similar to estrogen. Plant estrogens are weaker forms of estrogen, yet are able to support the same physiological activity.*

As a phytoestrogen, it supports women's health during and after menopause.* It is believed that Resveratrol has a positive effect on bone health by supporting the bone-building process.* Therefore, Resveratrol-50 may help to balance the bone building process as women age.*

Resveratrol helps support cardiovascular health because it contains polyphenolic compounds that are known to possess antioxidant and vascular supporting properties.* In test tube and animal studies, resveratrol decreased the "stickiness" of blood platelets and helped blood vessels remain open and flexible.* It also helps to prevent unwanted oxidation of LDL cholesterol from free radical damage.*

Resveratrol offers support against oxidative stress, promotes cardiovascular health and is an excellent addition to your overall health regiment.*

Each vegetarian capsule contains 200 mg of Resveratrol extract (*Polygonum cuspidatum*) and is standardized to yield 50 mg of Trans-Resveratrol, which is more than other brands on the market.

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Resveratrol (<i>Polygonum cuspidatum</i>) Extract	200 mg
yielding Trans-Resveratrol	50 mg

Other ingredients: microcrystalline cellulose, vegetable cellulose, vegetarian leucine.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take one capsule, once or twice daily, or as directed by your healthcare practitioner.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Copyright© 2025. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without prior written permission of the copyright owner.